

RESPIRATOR MEDICAL EVALUATION QUESTIONNAIRE

(OSHA Standards - 29 CFR; Appendix C to Sec. 1910.134)

To the employer: _____

Answers to questions in Section 1, and to question 9 in Section 2 of Part A, do not require a medical examination.

To the employee:

Your employer must allow you to answer this questionnaire during normal working hours, or at a time and place that is convenient to you. To maintain your confidentiality, your employer or supervisor must not look at or review your answers. Your employer must tell you how to deliver or send this questionnaire to the health care professional who will review it.

Part A. Section 1. (Mandatory)

The following information must be provided by every employee who has been selected to use any type of respirator. (please print)

Date: _____

Name: _____ Patient ID: _____ DOB: _____

Age: _____ Sex: M F Height: _____ Weight: _____
(feet) (inches)

Job Title: _____ Job not in list: _____

A phone number where you can be reached by the health care professional who reviews this questionnaire (include the Area Code): _____

The best time to phone you at this number: _____

Has your employer told you how to contact the health care professional who reviews this questionnaire? Yes No

Check the type of respirator you will use (you can check more than one category):

N, R, or P disposable respirator (filter-mask, non-cartridge type only).

Other type (e.g., half or full-face piece type, powered-air purifying (PAPR), supplied-air, self-contained breathing apparatus (SCBA)).

Have you worn a respirator? Yes No

If "yes", what type(s):

Name: _____ Patient ID: _____ DOB: _____

Part A. Section 2. (Mandatory)

Questions 1 through 9 below must be answered by every employee who has been selected to use any type of respirator.

1. Do you *currently* smoke tobacco, or have you smoked tobacco in the last month? Yes No
2. Have you *ever had* any of the following conditions?
 - a. Seizures (fits) Yes No
 - b. Diabetes (sugar disease) Yes No
 - c. Allergic reactions that interfere with your breathing Yes No
 - d. Claustrophobia (fear of closed-in places) Yes No
 - e. Trouble smelling odors Yes No
3. Have you *ever had* any of the following pulmonary or lung problems?
 - a. Asbestosis Yes No
 - b. Asthma Yes No
 - c. Chronic bronchitis Yes No
 - d. Emphysema Yes No
 - e. Pneumonia Yes No
 - f. Tuberculosis Yes No
 - g. Silicosis Yes No
 - h. Pneumothorax (collapsed lung) Yes No
 - i. Lung cancer Yes No
 - j. Broken ribs Yes No
 - k. Any chest injuries or surgeries Yes No
 - l. Any other lung problem that you have been told about Yes No
4. Do you *currently* have any of the following symptoms of pulmonary or lung illness?
 - a. Shortness of breath Yes No
 - b. Shortness of breath when walking fast on level ground or walking up a slight hill or incline Yes No
 - c. Shortness of breath when walking with other people at an ordinary pace or level ground Yes No
 - d. Have to stop for breath when walking at your own pace on level ground Yes No
 - e. Shortness of breath when washing or dressing yourself Yes No
 - f. Shortness of breath that interferes with your job Yes No
 - g. Coughing that produces phlegm (thick sputum) Yes No
 - h. Coughing that wakes you early in the morning Yes No
 - i. Coughing that occurs mostly when you are lying down Yes No
 - j. Coughing up blood in the last month Yes No
 - k. Wheezing Yes No
 - l. Wheezing that interferes with your job Yes No
 - m. Chest pain when you breath deeply Yes No
 - n. Any other symptoms that you think may be related to lung problems Yes No
5. Have you *ever had* any of the following cardiovascular or heart problems?
 - a. Heart attack Yes No
 - b. Stroke Yes No
 - c. Angina Yes No
 - d. Heart failure Yes No
 - e. Swelling in your legs or feet (not caused by walking) Yes No
 - f. Heart arrhythmia (heart beating irregularly) Yes No
 - g. High blood pressure Yes No
 - h. Any other heart problems that you have been told about Yes No
6. Have you *ever had* any of the following cardiovascular or heart symptoms?
 - a. Frequent pain or tightness in your chest Yes No
 - b. Pain or tightness in your chest during physical activity Yes No
 - c. Pain or tightness in your chest that interferes with your job Yes No
 - d. In the past 2 years, have you noticed your heart skipping or missing a beat Yes No
 - e. Heartburn or indigestion that is not related to eating Yes No
 - f. Any other symptoms that you think may be related to heart or circulation problems Yes No

Name: _____ Patient ID: _____ DOB: _____

Part A. Section 2. (Mandatory - continued)

7. Do you *currently* take medication for any of the following problems?
- a. Breathing or lung problems Yes No
 - b. Heart trouble Yes No
 - c. Blood pressure Yes No
 - d. Seizures (fits) Yes No
8. If you have used a respirator, have you *ever had* any of the following problems?
- a. Eye irritation Yes No
 - b. Skin allergies or rashes Yes No
 - c. Anxiety Yes No
 - d. General weakness or fatigue Yes No
 - e. Any other problem that interferes with your use of a respirator Yes No
9. Would you like to speak with the reviewing health care professional about your answers to this questionnaire? Yes No

Questions 10 to 15 below must be answered by every employee who has been selected to use either a full-face piece respirator or a self-contained breathing apparatus (SCBA). For employees who have been selected to use other types of respirators, answering these questions is *voluntary*.

10. Have you *ever lost* vision in either eye temporarily or permanently? Yes No
11. Do you *currently* have any of the following vision problems?
- a. Wear contact lenses Yes No
 - b. Wear glasses Yes No
 - c. Color blind Yes No
 - d. Any other eye or vision problem Yes No
12. Have you *ever had* an injury to your ears, including a broken ear drum? Yes No
13. Do you *currently* have any of the following hearing problems?
- a. Difficulty hearing Yes No
 - b. Wear a hearing aid Yes No
 - c. Any other hearing or ear problem Yes No
14. Have you *ever had* a back injury? Yes No
15. Do you *currently* have any of the following musculoskeletal problems?
- a. Weakness in any of your arms, hands, legs, or feet Yes No
 - b. Back pain Yes No
 - c. Difficulty fully moving your arms and legs Yes No
 - d. Pain or stiffness when you lean forward or backward at the waist Yes No
 - e. Difficulty fully moving your head up or down Yes No
 - f. Difficulty fully moving your head side to side Yes No
 - g. Difficulty bending at your knees Yes No
 - h. Difficulty squatting to the ground Yes No
 - i. Climbing a flight of stairs or a ladder carrying more than 25 lbs Yes No
 - j. Any other muscle or skeletal problem that interferes with using a respirator Yes No

Examiner Comments:

Name: _____ Patient ID: _____ DOB: _____

Part B. Discretionary Questions

1. In your present job are you working at high altitudes (over 5,000 feet) or in a place that has lower than normal amounts of oxygen? Yes No

If "Yes," do you have feelings of dizziness, shortness of breath, pounding in your chest, or other symptoms when you are working under these conditions? Yes No

2. At work or at home, have you ever been exposed to hazardous solvents, hazardous airborne chemicals (e.g., gases, fumes, or dust), or have you come into skin contact with hazardous chemicals? Yes No

If "yes", name the chemicals if you know them:

3. Have you ever worked with any of the materials, or under any of the conditions listed below:

a. Asbestos	<input type="checkbox"/> Yes <input type="checkbox"/> No
b. Silica (e.g., sandblasting)	<input type="checkbox"/> Yes <input type="checkbox"/> No
c. Tungsten/cobalt (e.g., grinding or welding this material)	<input type="checkbox"/> Yes <input type="checkbox"/> No
d. Beryllium	<input type="checkbox"/> Yes <input type="checkbox"/> No
e. Aluminum	<input type="checkbox"/> Yes <input type="checkbox"/> No
f. Coal (e.g., mining)	<input type="checkbox"/> Yes <input type="checkbox"/> No
g. Iron	<input type="checkbox"/> Yes <input type="checkbox"/> No
h. Tin	<input type="checkbox"/> Yes <input type="checkbox"/> No
i. Dusty environments	<input type="checkbox"/> Yes <input type="checkbox"/> No
j. Any other hazardous exposures	<input type="checkbox"/> Yes <input type="checkbox"/> No

If "yes," describe these exposures:

4. List any second jobs or side businesses you have:

5. List your previous occupations:

6. List your current and previous hobbies:

7. Have you been in the military services? Yes No

If "yes" were you exposed to biological or chemical agents (either in training or combat)? Yes No

8. Have you ever worked on a HAZMAT team? Yes No

9. Other than medications for breathing and lung problems, heart trouble, blood pressure, and seizures mentioned earlier in this questionnaire, are you taking any other medications for any reason (including over-the-counter medications)? Yes No

If "Yes," name the medications if you know them:

10. Will you be using any of the following items with your respirator(s)?

a. HEPA filters	<input type="checkbox"/> Yes <input type="checkbox"/> No
b. Canisters (e.g., gas masks)	<input type="checkbox"/> Yes <input type="checkbox"/> No
c. Cartridges	<input type="checkbox"/> Yes <input type="checkbox"/> No

Part B. (Discretionary questions - continued)

11. How often are you expected to use the respirator(s)? (check all answers that apply to you)
- a. Escape only (no rescue duties) Yes No
 - b. Emergency rescue only Yes No
 - c. Less than 5 hrs. per week Yes No
 - d. Less than 2 hrs. per day Yes No
 - e. 2 to 4 hrs. per day Yes No
 - f. over 4 hrs. per day Yes No

12. During the period you are using your respirator(s), is your work effort:
- a. **Light** (less than 200 kcal per hour) Yes No

If "yes", how long does this period last during the average shift: _____ hrs. _____ mins.

Examples of a light work effort are **sitting** while writing, typing, drafting, or performing light assembly work; or **standing** while operating a drill press (1-3 lbs.) or controlling machines.

- b. **Moderate** (200 to 350 kcal per hour): Yes No

If "yes", how long does this period last during the average shift: _____ hrs. _____ mins.

Examples of moderate work effort are **sitting** while nailing or filing; **driving** a truck or bus in urban traffic; **standing** while drilling, nailing, performing assembly work, or transferring a moderate load (about 35 lbs.) at trunk level; **walking** on a level surface about 2 mph or down a 5-degree grade about 3 mph; or pushing a wheelbarrow with a heavy load (about 100 lbs.) on a level surface.

- c. **Heavy** (above 350 kcal per hour): Yes No

If "yes", how long does this period last during the average shift: _____ hrs. _____ mins.

Examples of heavy work are **lifting** a heavy load (about 50 lbs.) from the floor to your waist or shoulder; working on a loading dock; **shoveling**; **standing** while bricklaying or chipping castings; **walking** up an 8-degree grade about 2 mph; **climbing** stairs with a heavy load (about 50 lbs.).

13. Will you be wearing protective clothing and/or equipment (other than the respirator) when you are using your respirator? Yes No

If "yes," describe this protective clothing and/or equipment:

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14. Will you be working under hot conditions (temperature exceeding 77 deg. F)? Yes No

15. Will you be working under humid conditions? Yes No

16. Describe the work you will be doing while using your respirator(s):

-
17. Describe any special or hazardous conditions you might encounter when you are using your respirator(s) (for example, confined spaces, life-threatening gases):

-
18. Provide the following information, if you know it, for each toxic substance that you will be exposed to when using your respirator(s):

Name of the first toxic substance: _____

Estimated maximum exposure level per shift: _____

Duration of exposure per shift: _____

Name of the second toxic substance: _____

Estimated maximum exposure level per shift: _____

Duration of exposure per shift: _____

Name of the third toxic substance: _____

Estimated maximum exposure level per shift: _____

Duration of exposure per shift: _____

Name of any other toxic substances that you will be exposed to while using your respirator(s):

-
19. Describe any special responsibilities you will have while using your respirator(s) that may affect the safety and well-being of others (for example, rescue, security):